Aadhar Gyan Dhatri Samiti is a non-profit organization working in the city of lakes Bhopal (Madhya Pradesh) since 27th of September 2004. It is a Child Welfare Organization formed by Doctors, Therapists & Professional Counselors and is devoted to assist and aid the growth of a child into a healthy & socially responsible human being. Young people are our human capital for the future, therefore child and adolescent health is our most important investment. Health is indivisible, requires holistic approach throughout an individual's life.

We provide special health care to children and adolescents with developmental, emotional, behavioral, psychosomatic, neurodevelopment and educational problems in a child friendly environment through multidisciplinary approach.

Our multidisciplinary team comprises of developmental pediatrician, clinical psychologist, career counselor, counselors, special educators, a physiotherapist, a speech therapist, occupational therapist, nutrition specialist, educational experts, and yoga therapist who have been trained and are experienced to work with children and their families.

Aadhar mainly deals with Child Development, Psychological Counseling and Career Counseling. It runs a school for special needs children, a school clinic and an adolescent clinic. It caters to children with developmental, behavioral, emotional problems and learning difficulties from birth to 19 years. Aadhar also helps them with career selections as and when needed. It also provides counseling and training facilities to their families. Aadhar is the only centre authorized by CBSE for certification of children with Learning Disability. Aadhar also runs a Tele Counseling Centre for adolescents named as “Jeevan Aadhar”.
OUR MISSION
Reaching and empowering every child in need. Provide children a helping hand in crisis situation and to make them self-sufficient so as to handle their personal and educational problems by themselves in the future.

OUR VISION
Assist and aid the growth of every child into a healthy and socially responsible human being and ensure a child grows in an environment where he/she gets love, care and understanding for thereby laying “Aadhar” for a responsible citizen.

OUR FOCUS
Aadhar uses the Life Cycle Holistic Approach to fulfill the vision to assist and aid the growth of every child into a healthy and socially responsible human being and ensure a child grows in environment where he gets love, care and understanding for thereby laying the “aadhar” for a responsible citizen.
Antenatal Clinics

These are usually for first-time parents and help both partners get involved in the preparations for labour, birth and early parenthood. Aadhar has made a comprehensive capsule of 4 Specialists addressing couples in Antenatal clinic which is briefly as follows:

The Obstetrician who starts the session with taking the couple through the whole journey of pregnancy and the physical changes in the mother and the developing foetus; the Psychologist helps the mother and her partner to understand the emotional changes and how they can be tackled optimally;
the Nutritionist who elaborates on the importance of diet, clears myths and suggests modifications to be made to ensure healthy mother and healthy child; The Neonatologist then goes into the details of handling the baby, feeding, care and answers the common queries and doubts.

The success of this program is:

- Empowering the parents to look after themselves and the newborn optimally
- Health and well being of mother and child
- Promotion of Breast feeding, decline in Infection rate, immunization advice and care during illness.
- Significant reduction in Maternal Mortality rate, Neonatal Mortality Rate and Infant Mortality Rate

**Neonatal Intensive Care Unit (NICU) Graduate Program:**

The whole purpose of having expensive high technology NICU is defeated if there are no follow up services.

Improving prenatal and neonatal care has led to increased survival of infants who are at-risk for long-term morbidities such as developmental delay and visual/hearing problems. Moreover, many of these neonates (e.g. extremely low birth weight infants) tend to have higher incidence of growth failure and ongoing medical illnesses. Numerous studies have shown that despite substantial improvements in the neonatal mortality, the incidence of chronic morbidities and adverse outcomes among survivors has not declined much. This highlights the need for a follow-up care
service that would ensure systematic monitoring of the general health and neuro-developmental outcomes after discharge from the hospital. The monitoring would help the infants and their families (early identification of problems and hence early rehabilitation services) as well as the physicians involved in their care (to improve the quality of care provided and for research purposes). Follow up services provide feedback for improvement of medical care in the NICU. It is carried out by identifying a baby who already has or is at potential risk for developing a handicapping condition & subsequently providing remedial measures to lessen its effects. This encompasses wide variety of medical, nutritional, educational, & psychological treatments for an at risk baby or one with neurodevelopment abnormalities or visual or hearing impairment.

Follow up programs help to optimize health outcomes for NICU graduates

This programme is based on the research that compensatory mechanisms exists for all cerebral functions & the plasticity of brain is encouraged by stimulation & early intervention

**Early intervention programme**

The Early intervention programme is particularly for children with developmental delays, physical, mental, speech problems, autism, ADHD, learning disability, and other special needs. In this assessment is done by a multidisciplinary team comprising of a Developmental Pediatrician and therapists. An Individualized Education Programme IEP is formulated for each child and Special Education and other therapy given as per need. Prevention of behavioral and emotional issues through sponsored
community efforts and parenting workshops is done. Mothers are empowered to train their children and be a partner in their child's growth.

**School Readiness Programme**

This programme is particularly for special need children with mild disability. The main ideology of this programme is inclusion and mainstreaming of every child in regular schools, therefore helping them overcome the trauma and social rejection, thus preventing alienation of these children from society.

The Right to Education and the ideology of Inclusive education has opened the doors of education for all students, but the ground reality is still very different. Children with special needs or Special children are still denied admission or with the changing scenario given admission in schools but not included in mainstream school. These children are seen as those who are neglected and left out, or bullied because of their different physical appearances or disability or speech impediments or mental challenges. These children are never fully assimilated because the teachers and caregivers are not aware of the strategy of teaching them. Thus they cannot cope up and are neglected or tormented more. In the under privileged
sector, the blow to these children and their parents is manifold. These children become a burden on parents, teachers and society. As a result, they become school drop-outs and as they grow older, also get into anti-social activities. Children with special needs can be broadly classified into 3 categories (mild, moderate and severe) on the basis of their disability or special needs and individual education program customized for each of them. On the basis of this classification, the tentative time-frame of mainstreaming these children can be initiated.

The team at Aadhar works on the principles of Multiple Intelligences and utilizes the different Learning styles and methods to teach these children with special needs. Research has proved that Inclusion for all children and Mainstreaming in regular schools is the key to assimilate all these children and make them a worthy part of society.

This programme is being held with the specialized therapists’ viz. Physiotherapist, Speech therapist and the special educator giving therapy on the basis of the IEP. The Developmental pediatrician assesses each child, formulates an IEP and continuously monitors the progress. Monthly
meetings of the team and with parents are held to appraise the parents of the progress. Even after mainstreaming these children, they are assessed on a regular basis and support provided as and when necessary. The uniqueness of this program is that each special child is given therapy by specialized therapists and not school teachers.

**Mainstreaming in regular schools has been done for 25 children successfully as of now.**

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**Poor School Performance:**

Children with scholastic problems can be found in all schools, all over the country and beyond and at all age levels. The earlier we can detect these problems, the better for the child. Many problems in childhood and even in adolescence go unnoticed, only to manifest in later years. Often the child is held back in class in order to allow him to catch up with his peers. The students’ along with his/her family may suffer from deep emotional scarring. It can have serious consequences including academic failure at school and consequent dropping out, depression, conduct disorders and even failed relationships.

Common reasons to scholastic backwardness are emotional problems; developmental problems also some age related issues, Learning disability, Children with borderline intellectual functioning and some neurological problems. So, a Multi-disciplinary approach is needed with Medical / Neurological examination, Vision, Hearing tests, Analysis of school reports, IQ testing, Educational assessment, and Counseling to resolve the issue of poor scholastic performance.

Aadhar is the only authorized Centre by CBSE as Certification authority for learning disabled students for availing CBSE provisions.
The trained therapists and counselors of Aadhar Centre, being adept at handling similar situations are conducting Sensitization and Life Skills Training program for teachers and students in various schools of Bhopal and neighboring districts to address Poor School Performance in students particularly addressing Specific Learning Disability and other neurological problems viz. Autism, ADHD and emotional problems.

**Learning Disability Clinic:**

Aadhar is authorized by CBSE as **Certification authority for learning disabled students** for availing CBSE provisions. It is the only authorized centre in Madhya Pradesh. Aadhar is running a LD clinic to help in identification and management of children with learning disabilities. So far 30 students are certified as Learning Disabled by the centre.
Customized Counseling Program

For Parents:

As part of Aadhar special school we run a training program for parents with special needs child. With the help of a team comprising of Developmental Pediatrician, Dr. Jagmeet Kaur Chawla, Consultant Psychologist, Dr. Preeti Mathur assisted by Special Educators.
They assess the problem faced by parents and counsel them accordingly. It is a continuous process which involves sensitizing the parents and empowering them with the knowledge and skills to move on further in their lives with their children. Each set of parents is counseled once a month initially. Each quarter, group discussion with all parents of special need children is held. This session continues for the sole reason that, special needs students and their parents need hand holding at every step of their life.

**Aadhar Adolescent Clinic:**

The Aim of Aadhar Adolescent Clinic is sensitization of Youth about Changes during Puberty, to help adolescents in overcoming their emotional, academic & behavioral problems and to help them in stream and career selection. Aadhar centre is doing in- house& out house counseling which includes both Personal counseling and Career counseling. To sensitize them about changes during puberty, various workshops, orientation programs, talk shows and life skill training
programmes are being conducted in a child friendly environment through multidisciplinary approach.

**Psychological Counseling:**

Aadhar is providing helping hand to persons in need through psychological counseling. We offer one to one counseling as well as group counseling session for children, adolescents, parents, and care takers to make them comfortable and empower themselves to resolve the issues in life and make their life better. Psychological counseling is also offered to persons with adjustment and psychosocial issues, educational problems, premarital issues and on life skills. Personal assessments of the client and
testing if needed are carried out to help them in resolving issues. We are well equipped in psychological testing and different types of psychological therapies. In addition to school students, we are also empowering out of school children and adolescents through our out-reach programs with ultimate goal of reaching to person in need and to empower them to deal with and resolve the issues which make life miserable. We also conduct Training program for budding counselors, teachers’ mentors parents, and students on different psychological and life skill related issues.

Career Counseling Cell:

Career guidance and academic counseling is an integral part of Aadhar centre. It has been seeing a growing number of students as in the past year approaching for career counseling. Students are provided with the necessary tools to set career goals, and give them an understanding of the education and skills they need to meet their goals. With the continuous interaction of our career experts with students, parents and teachers of different schools of Bhopal, the most encouraging changes being brought in our system is that they have started thinking of choosing their careers according to their passion. This trend is definitely going to bring fantastic results where we have every student on the verge of his/her career being in a position to actually CHOOSE and do what he/she likes. Class 10th onwards students are accompanied by their parents to undergo career counseling. Our Career counselors help the students in clearing their confusion by using standardized psychometric tests. These tests are reliable and valid instruments which are used worldwide to gather data. Testing and assessment help both the psychologist and the client to determine the nature and extent of his or her strengths and weaknesses and the best. It also guides the counselor to make an unbiased assessment.
Many career workshops are conducted in schools, colleges and other forums to create awareness and impart information on various career options.

Life Skill Training Program

Life skill training program is already showing its impact by turning classrooms into child friendly spaces, where there are no barriers between the teachers and students. While the training is helping the teachers to enhance their effectiveness in classroom transactions, it is also turning the children into independent thinkers, having the capacity and competencies to learn and grow on their own terms.
Jeevan Aadhar – Adolescent Helpline
To address the need to implement Adolescent friendly Reproductive and Sexual Health Counseling services a helpline was established at district level in JP HOSPITAL Bhopal, in collaboration of NRHM Bhopal and CMHO, Bhopal, Madhya Pradesh. The aim is to fill the huge gap in information related to reproductive sexual health, contraception, pregnancy infant and child health related issues and availability of reliable information on these issues.

The overall objective of the process was to provide helping hand to adolescents in the special needs and to empower them through counseling skills so that they are better equipped to respond to their needs more effectively, efficiently and with greater sensitivity.

Jeevan adharn is Adolescent Helpline and counseling cell caters mainly to adolescent section of the population, to provide reliable and confidential information on ARSH issues. The services, however, does not substitute for the services of a qualified doctor. Here we provide Psychological Counseling, Educational counseling, Sexual and Reproductive Health counseling, Vocational Counseling, Nutritional counseling and Life skill related counseling telephonically as well as face to face counseling at the toll free no. 1800-233-1250. The timing is 8 am -8pm all days working except national holidays.

Aadhar Gyan Dhatri Samiti is looking after the HR part. The team comprises of project director, counselor –in- charge, 2 project coordinators,
6 project associates and 2 office assistants. The entire team is well qualified and trained by professionals.

COMPiled REPORT OF CALLS RECEIVED at JEEVAN Aadhar
(April 2016 - February 2017)

Total call 34681 (Male 28389 Female 5429 and blank calls 830)

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**Orientation Training Programme on Counselling Skills:**

This workshop was organized by UNICEF and Women and Child Development Department of Gwalior to orient personnel with different counseling skills and their usage in the field especially when working with vulnerable children. Resource Persons were Dr. Preeti Mathur and Dr. Anupma Maheshwari.

**Session for Kendra Vidhyala Teachers on Learning Disability:**

On 24th May 2016, Dr. Jagmeet K Chawla Developmental Pediatrician and Director of Child Developmental Division of Aadhar Centre Bhopal took a session on Learning Disabilities for teachers of Kendriya Vidyalayas of Madhya Pradesh at
KV 1 Bhopal. Dr Chawla explained the basis of Specific Learning Disability in a very clear and lucid manner. She particularly highlighted the characteristics with which children present and also how these children can be helped by remedial teaching and provisions offered by various Educational boards viz. CBSE, ICSE and State Boards

**Strengthening Counseling Skills of Caregivers:**

This workshop was organized by UNICEF and Women and Child Development Department of Gwalior to orient personnel with different counseling skills and their usage in the field especially when working with vulnerable children. Resource Persons were Dr. Preeti Mathur and Dr. Anupma Maheshwari. Programme was coordinated by Dr. Jagmeet Kaur Chawla.

**Sit -in Consultative Workshop:**

A one day sit-in consultative workshop on Every child is special on children of Special needs in community, their challenges, identification, assessment and therapy was organized on 22nd September 2016 at Aadhar Centre E-7/803. 12 no stop Arera Colony Bhopal from 10 am to 5 pm. Officials from various NGO working in disability sector attended it to update their information on National Trust schemes for person with disability. Workshop was very informative and participant actively participated in it.

**Training of Adolescent Health Counselor:**

A three days training program was organized for AH counselors appointed by different NGO’s by NHM and UNFPA Bhopal at Hotel Rajhans Regency from 9th to 13th September 2016. The training was planned to orient the counselor about adolescent physical and mental health and role of counselors to empower them.
Dr Preeti Mathur of Aadhar talked about mental health issues in adolescents and counseling skills. The sessions were interactive and empowering.

**Session on “Counseling in trauma, guilt and self esteem” for counselors of FPA, India:**

Family Planning Association of India (FPA India) organized a training course on Counseling in Trauma Guilt and Self esteem on August 14th and 15th September, 2016, at Hotel Amar Villas, BHOPAL. Dr Mathur talked about the impact of trauma on the wellbeing of individuals, signs and symptoms of trauma through case discussion and experience sharing. She also helped participants to practice the techniques of trauma counseling by role play, activities and demonstration.

**TOT on Menstrual Hygiene Management for the Counselors of FPA, India:**

A TOT was organized on 20th-21st September by Water Aid and WCD Bhopal on Menstrual Hygiene. Dr Jagmeet Chawla and Dr Preeti Mathur were the resource person. Dr Chawla talked about Menarche, menstrual cycle, Problems related to menstruation, RTI and management whereas Dr Preeti talked about myths related to Menstruation and how to plan sessions to address the issues of MHM with different stake holders.

**Conference on Facilitating School Readiness in Children and the Role of ECE:**

A One Day Conference on Facilitating School Readiness in Children and the Role of ECE was organized on 10th Sept 2016 at Hotel Lake View Ashok by the MP Chapter of Early Childhood Association and Brainy Bear School. Dr Jagmeet Kaur Chawla Development Pediatrician and Founder Director of
Aadhar Centre for Child Development was invited to a panel discussion under the same.

It was an animated panel discussion with enthusiastic participation from the audience which comprised of teachers, educators and founders of Foundation schools. The topics of discussion ranged from when and how to start academics in children, how to identify children with difficulties and a range of other issues. Dr Chawla participated in this discussion and gave important and relevant information about the scientific and developmental aspect of Early Childhood Education. The animated and whole hearted exchange of ideas by the panelists and audience made the discussion very educative and worthwhile.
Training of Adolescent Health Counselor:

A training program was organized for AH counselors by NHM and UNFPA Bhopal at Hotel Rajhans Regency. The training was planned to orient the counselor about adolescent physical and mental health and role of counselors to empower them. Dr Preeti Mathur of Aadhar talked about mental health issues in adolescents and counseling skills. The sessions were interactive and empowering.

Workshop for Devising Strategy to Prevent Suicides in MP:

Workshop for devising strategy to prevent suicides in MP was organized by Atal Bihari Good Governance practicing academy (AIGGPA). Dr Preeti Mathur Incharge of Adolescent Helpline running at JP hospital participated in the workshop. She presented a bird eye view session on role of helpline in preventing suicide. The participants were from all over MP.

Training of Adolescent Health Counselors:

Five days training of AH counselors at Hotel Amar Villas from 28th November to 2nd December 16. The participants were newly appointed Adolescent health counselors appointed in 11 districts of Madhya Pradesh. Dr Preeti Mathur talked to them on counseling skills, adolescent issues risk and preventive factors. The sessions were planned to empower the freshly appointed counselors. Information about working of Adolescent helpline was also discussed with them.
**Session for Counseling for Children in FPA, India:**

Family Planning Association of India (FPA India) organized a training course on “Counseling for Children ” on 10th and 11th December, 2016, at Hotel Amar Villas, BHOPAL. The participants were students of MSW and person working with child functionaries. Dr Preeti Mathur facilitated the session on Child Development Stages and the need of counseling the session was interactive and practical oriented.

**Session on Growing up at SOS Village:**

Dr Preeti Mathur and Dr Jagmeet Kaur Chawla were invited by SOS home for Children with disability Khajurikala Bhopal to address Adolescents on Puberty changes. Dr Preeti addressed the boys and addressed the emotional and psychological changes also emphasizing on masturbation and substance abuse. The speakers then interchanged with Dr Chawla addressing the boys on Physical changes and Dr Preeti taking the girls for Psychological changes. All the sessions were well appreciated and benefitted both the students and the caregivers.

**Session on Counseling Skills and Referral Services:**

Full day Practice sessions for Adolescent Health Counselors were organized at Hotel Mayur Palace, ISBT, Bhopal on 20th and 27th December 2016 by NHM Bhopa. Dr Preeti Mathur of Aadhar conducted this interactive practice session. The counselors came out with their queries related to topics-Difference between stress & depression, Suicidal counseling, Sexual abuse, Menstrual problem-, Adolescent pregnancy and abortion, Mental illness, Family planning techniques, RTI/STI, Nutrition and diet.
**Service Course of Primary Teachers:**

Dr Preeti Mathur was invited as a guest speaker for the 2nd spell of Inservice Course of Primary Teachers held at K.V.No.2, Bhopal. She interacted with teachers on the Topic: How the environment and family influence the growth of a child and factors affecting the mental development of child. The session was interactive and teachers came out with numerous behavioral and academic performances of children and discussed various means and strategies to help children.

**Career Oriented Workshop at SOS Village :**

Dr. Anupma Maheshwari organized a career orientation workshop was for the students of SOS village on 22/ Dec/17. During the workshop students received required knowledge and information on various career options.

**Life Skills Workshop in SOS village :**

Dr. Anupma Maheshwari was invited to conduct a workshop on life skills for the students of SOS village on 09/ Jan/17. During the workshop students received required knowledge and information on various life skills and how to use them for better living.
**Career Mentoring Workshop in Jagran Lake University**

A career mentoring workshop was organized by the School of Humanities and Arts of Jagran Lake Universities on 17/ January/17. Dr. Anupma Maheshwari address the students about the various choices they can make pertaining to their career.

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**Curriculum Designing Workshop in Jagran Lake University :**

The School of Humanities and Arts of Jagran Lake Universities organized a curriculum designing workshop on 4/02/17. Dr. Anupma Maheshwari was invited as subject expert for the board of studies meetings.

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**Module Development Workshop :**
State Resource Centre Indore organized three days module development workshop from 8th to 10th Feb 16 in a project mode in collaboration with RMSA and UNFPA for capacity building of adolescent girls (CBAG) on life skill education and adolescent health targeting RMSA hostels spread all over MP. First phase of three days was organized at premises of SRC Indore.

 Orientation Training Program on Counselling Skills:

Three day orientation training program on counselling skills was conducted at Sewa Rural Jhagadia Distt Bharuch Gujrat. The vision of the training program was to empower the team of eight people to run Adolescent Helpline which is supposed to cover all adolescent issues of Gujrat and other states. Dr Preeti Mathur of aadhar facilitates the training program. Day one was focused on counselling, do and dont in counselling, process and types of counselling and important skills needed to be effective counselor.
Celebration Of World Autism Day On 2nd April 2016:

To raise awareness and acceptance of children with disability. Aadhar Gyan Dhatri Samiti is celebrated Autism Day. This program was held on 2nd April.
2016 at Amer Bakery Hut Link road No.1, near Taran Pushkar-Bhopal There was Slogan and Poster Making Competition, Music for the ears and open mike for active participation.
❖ **Janmashtami celebration:**

A day before the celebrations started, Aadhar Centre was abuzz with feverish activities, since all had planned to do something different this year. True to the tradition a multi faceted Tableau “Jhanki” was planned, complete with tiny animals, roads, trees and the jail in which Krishna was born.

The sight of Krishna along with his parents Devki and Vasudev in the JAIL, was the piece de resistance as is said in French for the gathering present.

The parents, teachers, therapists, Directors and above all the children joined in the fun and made it a joyous occasion. The day ended with distribution of sweets, fruits and toffees for everyone present.
❖ **Aadhar Birthday:**

The children, their parents, therapists and staff were all present to celebrate the 11th Birthday of Aadhar at its premises. The hall was festooned with banners, balloons and paintings. The children were prepared to perform to a few songs, the staff sang and a few parents narrated their emotional, physical experiences with Aadhar.
❖ World disability day:

3rd December is celebrated as International Day of people with Disability, To support and create awareness about it, Aadhar celebrated this day at Aashima Mall. Fancy dress, storytelling, poetry, play, band performance and much more was performed by the children from various NGO’s.
Presence in Media
Maintain cool: Counsellors’ advice to Class 10 students

Bhopal: With peer pressure and expectations of parents weighing heavy, board students tend to get anxious and nervous days before results are out. Now, June 2, the date for CBSE 10 results, time for teenagers to keep wits about themselves and maintain composure. In such times, student counsellors have a word for students. Do not get tense, have faith in oneself, there are always opportunities available.

Adhar Centre for Child Development and Psychological Counselling director Dr Preeti Mathur discussed a range of questions that students and parents come up with before exams and tried to redress them. She said, “We often have cases where students have high expectations and expect above 90% marks, but get nervous before results. The anxiety they have is mostly due to peer and parental pressure.”

While dealing with cases, Mathur said mostly parents who bring their children say “My child is feeling depressed, but he will have to score well, anyway.” Suggesting measures to this state of mind and help students gain more confidence, Mathur advised, “It is necessary to teach children how to lose. They must understand that low percentage is not the end of life and there are good things in store for them. Even parents need to understand that marks do not decide child’s future and having a healthy and happy child is more important than a depressed topper.”

“Marks are just indicators of your excellence. You can either choose a career in the academic field in the subject you excel in or make your passion your profession. There are many opportunities available for kids today and it is not necessary only those who score well will be successful in their life. Students need to know themselves and their aptitude before selecting a career path. It is necessary to invest time in yourself,” said Dr Anupma Maheshwari, a career counsellor.
PURSUIT OF HAPPINESS

City bravehearts show the way

This was followed by a painting competition for differently-abled children and some fun activities too made the day enjoyable. Activities like wheelchair race, target the bowl and spoon race kept the participants engaged while parents, volunteers and staff of Aarushi and IGMS were present to cheer efforts of children. After the competitions, top three winners of all the competitions were given cash prizes.

Aadharv Gyan Dhatri Samiti had a fun-filled evening with a good number of activities lined up for the day. The samiti organized a special event at Khawaja Bazaar on Saturday. A fancy dress for children with special needs, rock band, storytelling and poetry touched hearts.

A play by team ‘Kaatla’ was based on the theme that children with special needs only want love and attention. This was followed by a musical performance by Armi, a musical extravaganza and dance performances.

Aarushi, Aadhar Gyan Dhatri Samiti Hold Events for Differently Abl
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Not gods but almost: Docs who have not joined the mad rush for moolah

Dr. Anand Kumar, Dr. Radhakrishna and Dr. V. Ravi Shankar, AIIMS, India

When it comes to medicine, the competition is fierce. Doctors are expected to be at the forefront of medical advancements, but not all doctors are interested in the financial aspect of their profession. Some doctors, like the ones in this article, have chosen to focus on patient care rather than monetary gain. This article highlights the importance of doctors being aware of their patients' needs and not just their financial gains. It also emphasizes the role of doctors in society and the importance of having a compassionate attitude towards patients. 

Dr. Rajesh Sharma, AIIMS, India

Dr. Jaideep Aggarwal, AIIMS, India

Dr. Suresh Ball, AIIMS, India

Dr. Anjaneyulu Chirala, AIIMS, India

Dr. Gopal Nanda, AIIMS, India

Dr. Arun Kumar, AIIMS, India

Dr. Sanjay Kumar, AIIMS, India

Dr. Sachin Tripathi, AIIMS, India

Dr. S. K. Madan, AIIMS, India

Dr. S. K. Pathak, AIIMS, India

Dr. S. S. K. Tiwari, AIIMS, India

Dr. S. S. Singh, AIIMS, India

Dr. S. S. Verma, AIIMS, India

Dr. S. S. Vijay, AIIMS, India

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फेसबुक पर लाइक नहीं तो सोचता खुदकुशी कर लूँ?
जीवन आधार किशोरवय काउंसिलिंग सेंटर से आए एक दिन में आए 105 कालों

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नशा छोड़ने पर ज्यादा तकलीफ होगी क्या?

नशा छोड़ने के लिए तपास करने हैं कुछ। नशा छोड़ने की जानकारी लेने में तपास किया जाता है सुरू होता है।

काउंसिलिंग के बाद ट्रेटमेंट

श्री मिश्रा से आपकी मूल कारण अंतर्निहोत करते हैं। यहाँ जानने की कमजोरी के बाद इसका उपयोग करना है।

श्री मिश्रा के बाइट के अनुसार दो वर्ष या यहतरीकक्ति के द्वितीय 10 वर्ष के बाद नकारात्मक कारण बनें। यह शराब के लिए एक बड़ी बात है कि शराब के बाद कोई भी बुरा हो जाता है। नशा छोड़ने में एक बड़ी बात है कि बच्चे के बाद इसका उपयोग करना है।

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किशोरवय काउंसिलिंग सेंटर | स्कूल-कॉलेज के स्टूडेंट्स बता रहे समस्या, 20 फीसदी कॉल लड़कियों के
12 घंटे, 108 फोन कॉल: पढ़ाई के बोझ पर ज्यादा भारी दोस्ती, धमकी और डर

केस 1  मेरी दोस्त बात नहीं कर रही
मेरे ये नमक के एक स्कूल में कार्यरत में गई है। दो महीने पहले एक दोस्ती हटाय कॉलिंग ने मुझसे दोस्ती छोड़ने का जुगाद कहा था। एक महीने और एक साल बाद तक हाय! दोस्ती हटाय कॉलिंग से मुझसे दोस्ती छोड़ने का जुगाद कहा था। दोस्ती हटाय कॉलिंग से मुझसे दोस्ती छोड़ने का जुगाद कहा था।

केस 2  लड़की से अलग हो जाओ...
मेरे नये नमक के एक कोचिंग से मेडिकल की तैयारी कर रहा है। नये नमक के एक कोचिंग से मेडिकल की तैयारी कर रहा है। नये नमक के एक कोचिंग से मेडिकल की तैयारी कर रहा है। नये नमक के एक कोचिंग से मेडिकल की तैयारी कर रहा है।

क्षति हापरोराम | भूमिता
क्षति हापरोराम | भूमिता
क्षति हापरोराम | भूमिता
क्षति हापरोराम | भूमिता
क्षति हापरोराम | भूमिता

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