

An awareness camp was organized at KV 1 on 15/5/2008 for all teachers by Aadhar resource persons- Dr. Jagmeet K Chawla, Dr Preeti Mathur

On Life Skill training. Nearly 100 teachers and principal from Bhopal region participated in this event. The purpose of the program was to create awareness as well as to help the teachers to inculcate life skill education in children with the help of their subject. Dr. Chawla started with the definition and types of life skills according to UNICEF and WHO and their importance in day to day life. Dr. Preeti Mathur throws light on self awareness and activity is given to the entire participant for practice. This session give them insight to use bio for life skill training. The entire session was well appreciated followed by question answer session.

On 5th July 08 a workshop was organized for students on Changes during Puberty at KV1.

1. **Awareness Camp was organized on Date-** at- Kendriya Vidyalaya no.1 Bhopal and the **Resource persons-** Dr. Jagmeet K Chawla, Dr. N .Banerjee and Dr Preeti Mathur the topic of Changes during Puberty for adolescents. All the students of class IX of the school participated in this program. The purpose of this program was to create awareness and to sort out the queries of these students. The entire class is divided into two groups i.e. boys and girls. Group one starts with male pediatrician who disseminates information about changes during puberty and the queries of boys regarding growth & development. Where as another group starts with psychologist who talked about psychological changes during puberty and the management of negative behaviour. Then in second phase the groups were interchanged. Boys were taken up by psychologist and girls were taken up by female pediatrician. Informations were disseminated and queries were tackled. All the students came up with lots of queries. Over all the session was very informative and well appreciated.

On 2nd Aug 2008 a workshop on Poor School Performance workshop for teachers was organized at Aadhar centre Mansarover Complex. The Resource person- Dr. Jagmeet K Chawla, Dr Preeti Mathur and Guest faculty- Dr. Antardyan Sadana and Dr. Sheela Bhambal. This program was organized for sensitizing teachers to the need of students who are not up to mark. Nearly 40 teachers participated in this event. The session was started by Dr. Chawla. She talked about the causes of poor school performance. Her session is followed by session of